Making Connections – Super Powers

Children have great imaginations! We want some of their time in life to be having fun, letting their mind wander and playing make believe. Take the time with your child to let your imagination run and consider all the fun things they might wish they could do.

Age: Adult with a 5-12 year old child
Where: Visiting area or a Private Family Visit

What to do:
Tell your child, “Let’s use our imaginations!” Ask them:

If you could choose a Super Power what would it be?
☐ Change shapes
☐ Travel through time
☐ Control the weather
☐ Talk to animals
☐ Move things with your mind
☐ Run like a cheetah, the fastest animal in the world
☐ Make plants grow
☐ _______________________
☐ _______________________

What I would do with my Super Power

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Why is it helpful?
This is a great way to get a child to talk about their imaginative side and maybe to find some common ground between the adult and child. This activity can lead into talks about favourite television shows or movies they have watched or what they would do with their friends.