

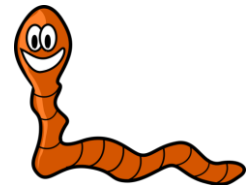
## *Making Connections* – Worms in Dirt Dessert



Here is a fun recipe a child can make at home or maybe you can use in a Private Family Visit. Pudding is topped with crushed chocolate sandwich cookies to look like dirt, and gummy worms go on top, to make a fun dessert. Once the child tries it, remember to have a good talk asking, "Did it taste good?", "What was the best part of it?", "Would you eat it again?", "Is there anything you would like to change in it?", etc.

### What you need:

- Vanilla pudding (pudding cups can be bought in packages of four or make your own!)
- Chocolate sandwich cookies (approximately one per pudding cup)
- Gummy worms (2 per pudding cup)
- Large Ziploc bag



### What to do:

1. Place chocolate sandwich cookies in a large Ziploc bag and crush until fine
2. Sprinkle cookie bits onto vanilla pudding cup or make layers like the picture below
3. Place gummy worms into cup
4. Sprinkle remaining cookie bits onto each cup
5. Enjoy!

### Change it up!

- Try it with your child's favourite kind of pudding (vanilla, banana, etc.), use different kinds of cookies, etc.

For a healthier snack:

- Use sugar free or light pudding cups
- Use chocolate graham crackers instead of cookies
- Cut strips of fruit (banana, cantaloupe, melon) for the worms

